

**Reflexology Certification Program
Offered by Stephenie A. Cooke**

REGISTRATION FORM Rev. 2.2026

Name: _____ (include credentials)		
Mailing Address: _____		
City: _____	State: _____	Zip: _____
Home Phone: _____	Cell Phone: _____	
Email: _____		

Current Guidelines for the Reflexology Certification Program

- You must register with Stephenie A Cooke for the certification program. This payment is NON-REFUNDABLE. Mentoring time is included for a 36-month period from date of payment. Payment may be cash, check, or Venmo.
- You will be responsible for keeping your current address and contact information updated as well as familiarizing yourself with all class guidelines.
- Past attendance in Reflexology classes listed above will be “grandfathered” in as part of this program if no more than 12 months have lapsed by the time you register.
- Class fees and date of offerings are subject to change. You may repeat a class(es) offered by Stephenie Cooke within a 12-month period for a 50% discount.
- All classes have to be attended, case studies presented with a score of PASS, a practical test taken with Stephenie with a 3 or lower score, and the written final exam taken with a score of 75% or better for certification.
- Payments are made to Stephenie A Cooke, Inc. and are expected in advance. Prices are subject to change during the course of study.
- There is no specific timeframe for completion. You take classes and participate at your own pace, however it is suggested that you complete the program within 36 months.

Signed: _____

Date: _____

IF MAILING REGISTRATION FORM, PLEASE SUBMIT TO:

**Stephenie A. Cooke Inc.
4501 Glenmere Road, North Little Rock, AR 72116**

Reflexology Certification Program Offered by Stephenie A. Cooke

Registration: complete a registration form with a NON-REFUNDABLE fee of \$150.

Classes/Case Studies/Mentoring

- Purchase Stephenie's 90-min video and Christine Issel's history book for 12 hours credit
- In-classroom coursework:

Reflexology & Related Modalities	6 hours ADoH	\$140
Reflexology & Related Modalities II	15 hours ADoH	\$350
Introduction to Hand Reflexology	7 hours ADoH	\$175
CHOICE OF 1 of 2 business courses	6 hours ADoH	\$140
Foot Reflexology: A&P and Conditions	9 hours ADoH	\$210
Advanced Techniques I	7 hours ADoH	\$175
Alt. Considerations for a Reflex. Session	6 hours ADoH	\$140
Advanced Tech 2	6 hours ADoH,	\$140
• Additional hours of work as assigned	3 hours credit	
• Documentation	40 hours credit*	

*Instruction for the documentation process is by appointment, small class or conference call. You must use the forms provided to you by Stephenie A Cooke. Begin documentation of 40 case studies which are one-hour sessions with at least 10 people seen a minimum of 3 times following Phase II class. Grading will be done on a pass/fail basis and a score of PASS is required for completion of the program. Submit case studies for pre-view in case you need to make changes in how you are documenting.

- Mentoring work w/ Stephenie - 8 hours credit. *The non-refundable registration fee covers this for a 36-month period from date of payment.*

Final Exam - 5 hours credit \$120. The final is comprised of a written (must score 75% or higher) and practical exam.

Program Completion - participants will receive a certificate from Stephenie A. Cooke reflecting credit for 130 hours of study in Reflexology.

Stephenie A Cooke, BBA, MTI, NBCR

Cell: 501-920-7729 / steph@stephenieacooke.com (note spelling)

RATES & DATES ARE SUBJECT TO CHANGE DURING THE COURSE OF STUDY.

Revised 2.2026