Continuing Education Offerings

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Course Title	Course #	DoH Approved	2026 Current	Notes
Understanding Dementia & Becoming a Demenia Friend	2026-018	6	$150	
Bodywork for Caregivers & Our Aging Population	2026-019	3	$75	
Reflexology & Related Modalities I	2003-374	6	$140	intro to foot reflexology
Reflexology & Related Modalities II	2003-389	15	$350	Phase 1 pre-requisite
Introduction to Hand Reflexology	2005-501	7	$170	
Hand Reflexology: A&P and Conditions of the Hand	2006-504	6	$140	Intro to Hand pre-req
Hand Reflexology: A&P and Conditions of the Hand	2011-016	9	$210	
Comm. Tech for Body Workers	2002-373	6	$140	personality profiling, general cust. serv. and business
Business Basics & Marketing	2011-023	6	$140	
Foot Reflex. A&P and Conditions	2004-443	9	$210	Phase 1 pre-requisite
Advanced Techniques I: Foot and Hand Reflex.	2005-500	7	$175	Intro to foot & hand pre-req.
Adv Tech 2: Strategies for a Reflex Session	2010-025	6	$140	Phase 1 & 2 foot pre-req.
Alt. Considerations for Reflex. Sess.	2009-563	6	$140	
Essential Oils and the Raindrop Therapy	2003-390	6	$175	
Intro. to Therapeutic Oils in Massage	2003-375	6	$140	
A Study in Lymphatic Drainage Massage	2017-022	18 (6 home based; 12 classroom)	$465	$100 dep required for book to be shipped for home study prior to class. Dep goes towards total amt.
OTHER:		Non-approved		
Reflex. Certification Registration/Mentoring with Stephenie		8	$150	
Final Testing		5	$120	
General massage mentoring and/or support			$50/hr minimally	